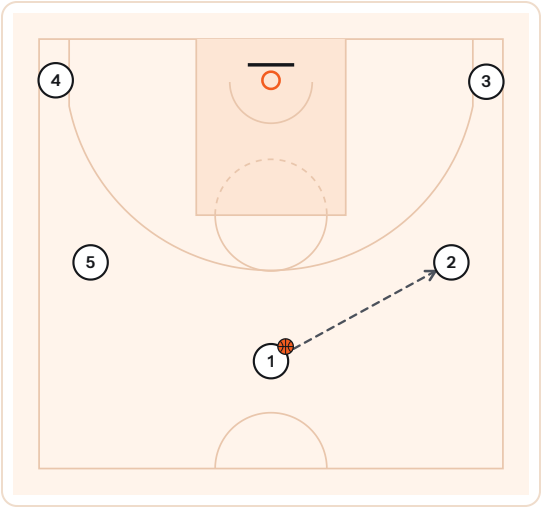
stagger

MOTION OFFENSE

5-Out - Pass and Cut

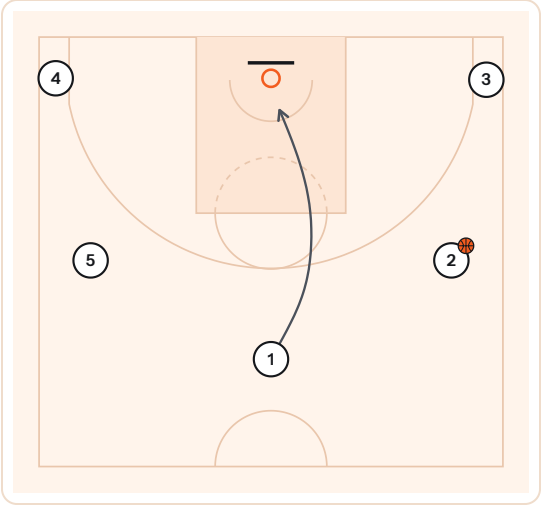
This pass-and-cut action from a 5-out motion offense keeps the lane open and all five players moving.



STEP 1 OF 6 · 1.5S

Enter to the right wing

Start in five-out spacing: 1 at the top, 2 and 5 on the wings, and 3 and 4 in the corners. 1 makes a firm pass to 2. Stay outside the lane until it is your turn to cut; the empty middle creates the scoring space.



STEP 2 OF 6 · 1.5S

Pass, then basket cut

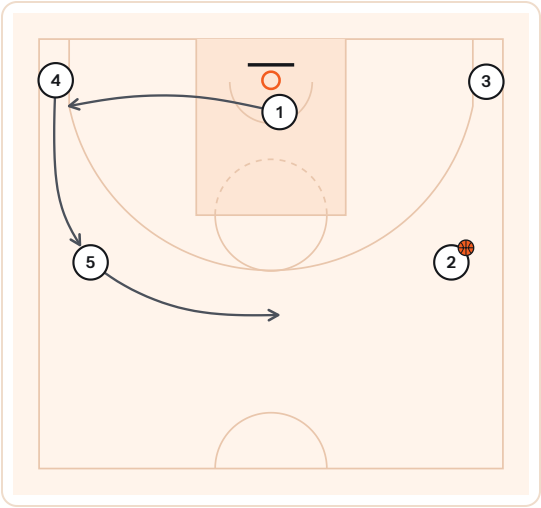
Immediately after passing, 1 cuts hard to the rim and looks for a return pass. Set up the defender with a small change of direction and show a target hand. 2 reads the cutter; this example assumes the first return pass is covered and keeps the ball on the wing.

stagger

MOTION OFFENSE

5-Out - Pass and Cut

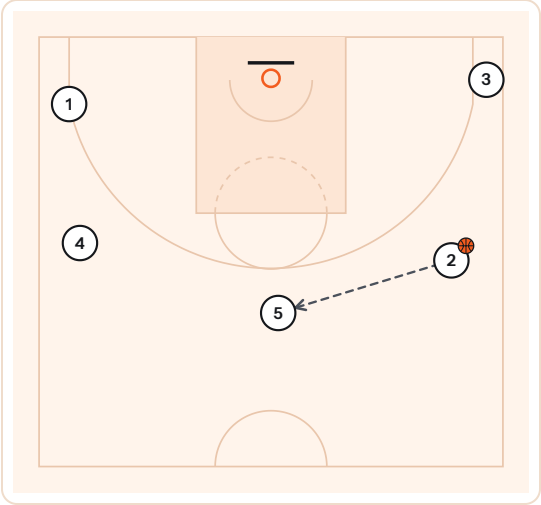
This pass-and-cut action from a 5-out motion offense keeps the lane open and all five players moving.



STEP 3 OF 6 · 1.5S

Clear and fill behind

With no return pass available, 1 clears to the opposite corner. 5 fills the empty top spot and 4 fills the left wing. Move after the cutter clears your path and keep useful passing angles. This refill is what lets the offense continue without bunching around the ball.



STEP 4 OF 6 · 1.5S

Reverse through the top

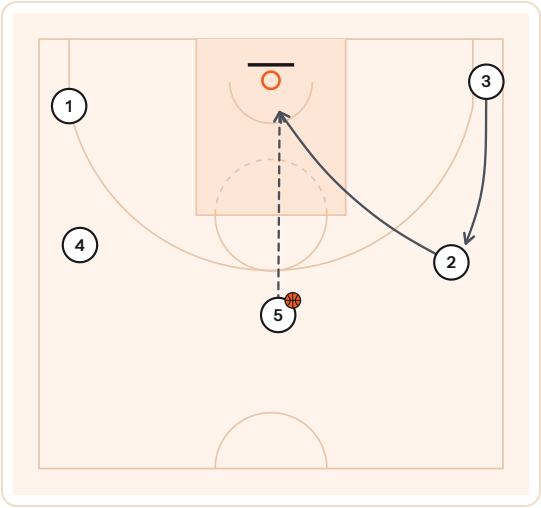
2 reverses the ball to 5 at the top. Meet the pass with ready hands and face the basket on the catch. Ball reversal makes the defense shift and opens another cutting window. The other players keep their spots instead of following the pass.

stagger

MOTION OFFENSE

5-Out - Pass and Cut

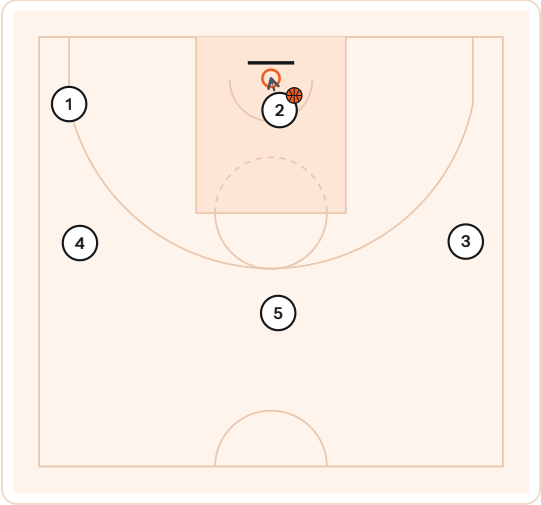
This pass-and-cut action from a 5-out motion offense keeps the lane open and all five players moving.



STEP 5 OF 6 · 1.5S

Find the next cutter

After the reversal, 2 cuts toward the rim and 3 lifts from the corner to fill the wing. 5 reads the open lane and leads 2 with the return pass. The animation shows an open cutter; if that lane is denied, 5 can continue the ball around the perimeter.



STEP 6 OF 6 · 1S

Finish the give-and-go

2 catches and finishes near the rim. Catch with eyes on the basket and stay balanced through the finish. This is one short sequence from a continuing five-out offense: when the layup is unavailable, clear the lane, fill the open spots, and repeat the same pass-and-cut rules.

What it creates

Basket cuts, open driving lanes, and a simple way to teach spacing and movement.

When to use it

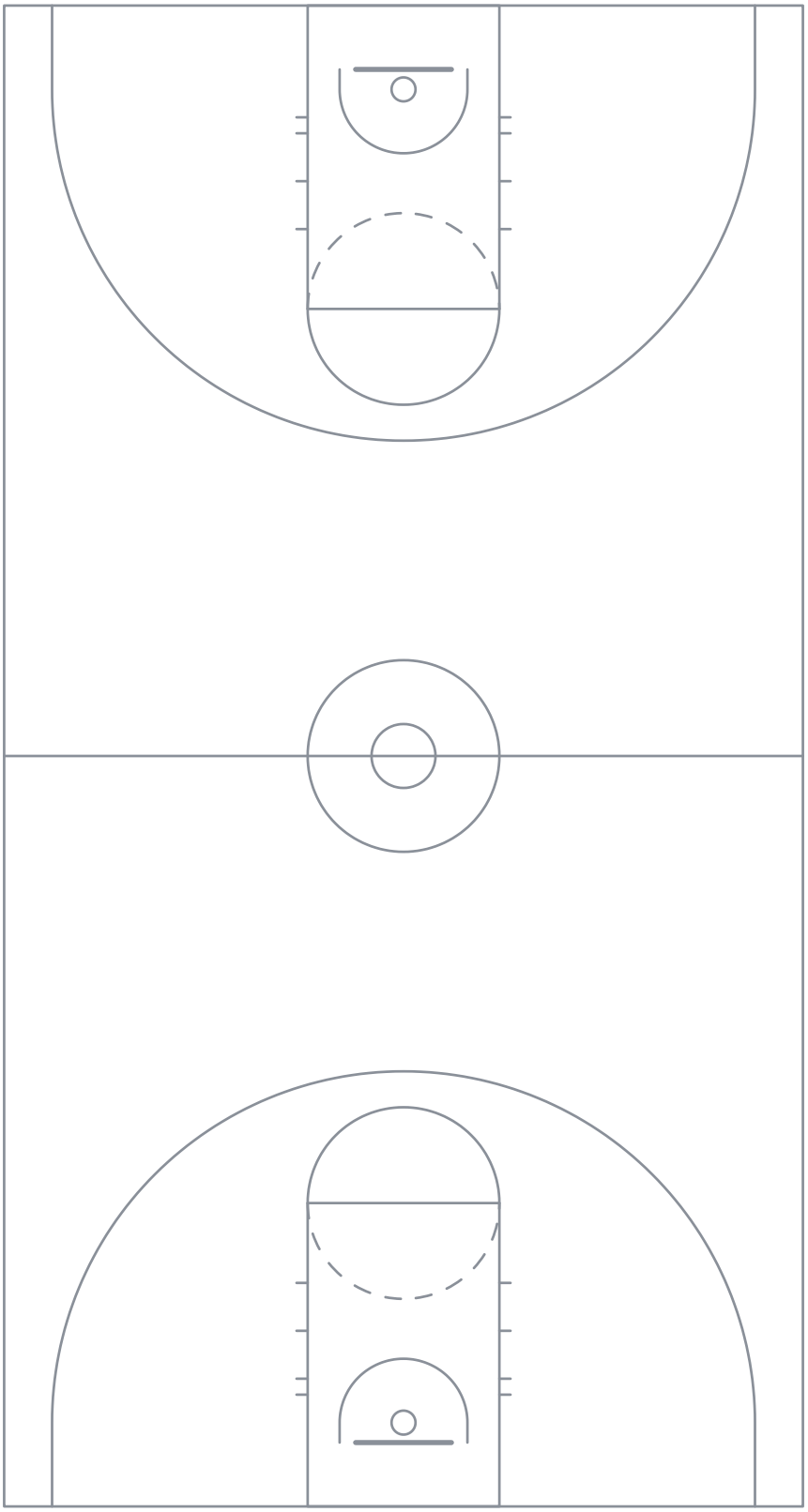
When teaching a five-out offense or looking for a repeatable action against man-to-man defense.

Key reads & teaching points

- Pass and cut hard; avoid drifting toward the ball.
- Keep the basket-cutting lane clear and fill behind the cutter.
- Look for the cutter first, then reverse the ball if the pass is covered.

stagger

PLAY _____ TEAM _____ DATE _____



STEPS

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02

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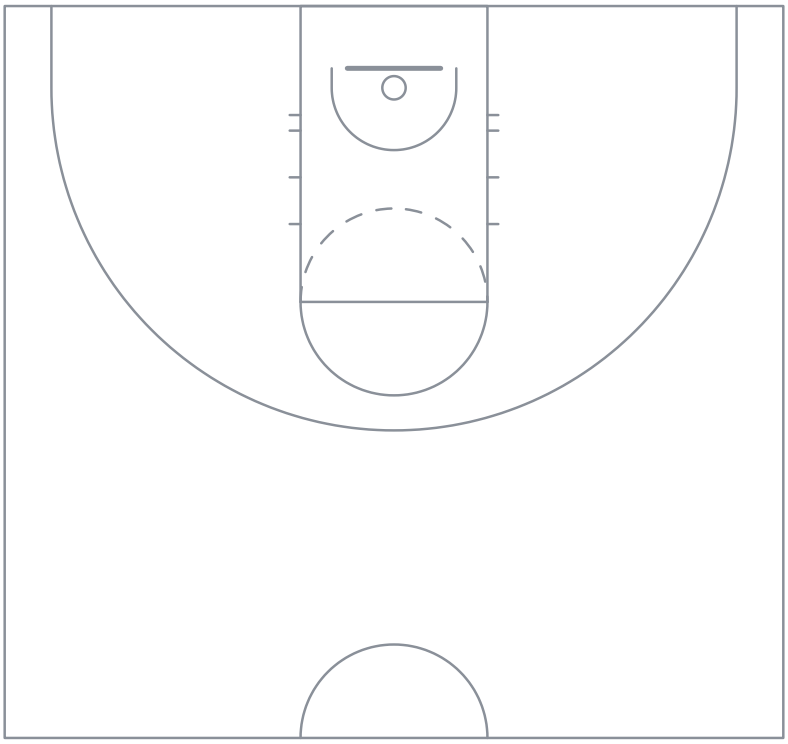
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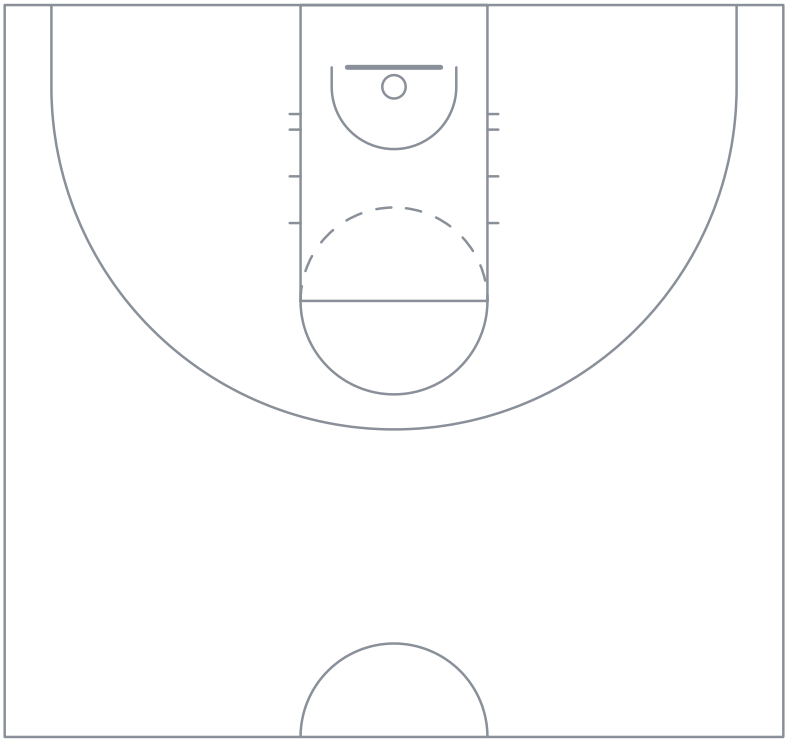
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PLAY _____ TEAM _____ DATE _____



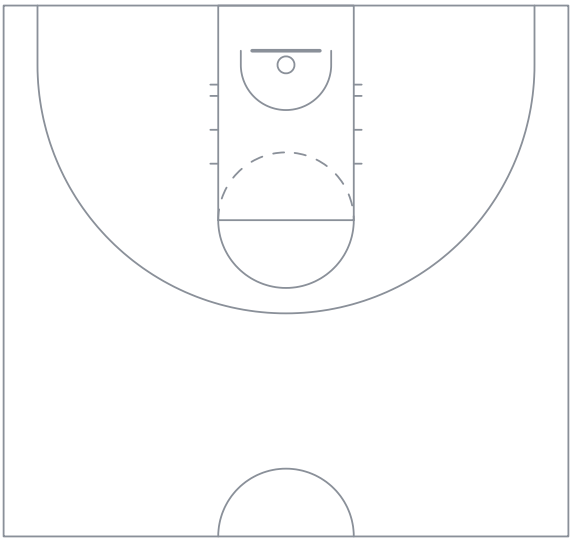
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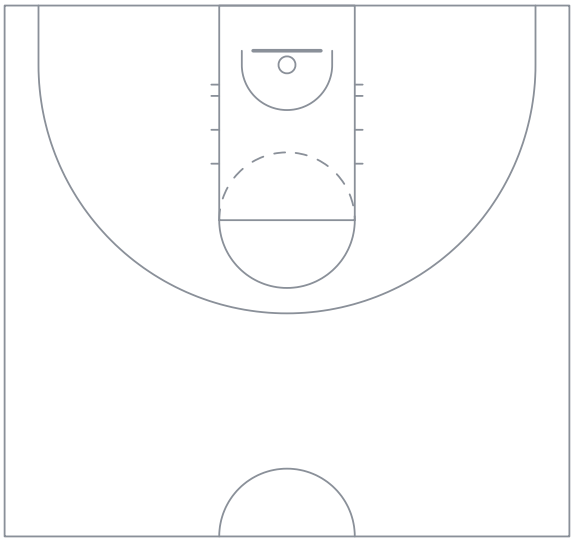
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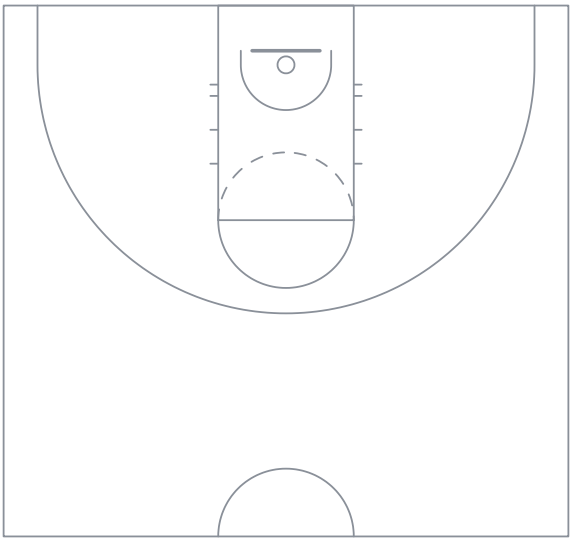
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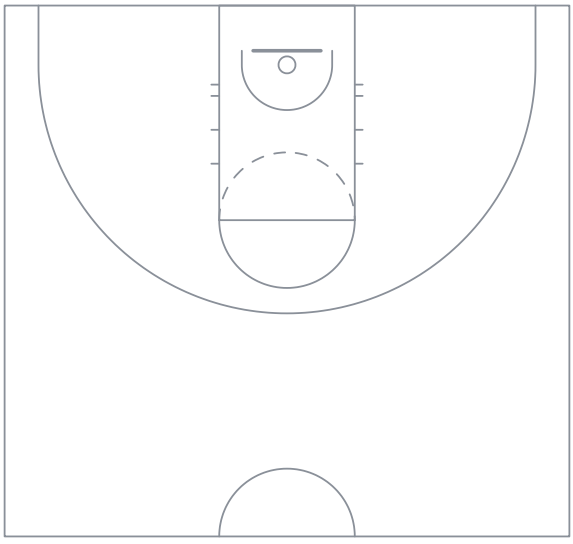
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